

## **HELEN HIRSH SPENCE**

Speaker, writer, and age provocateur, Helen Hirsh Spence explains why we must confront ageism and reframe the aging narrative to live longer, healthier, and more purposeful lives.

- Keynote speaker
- Panelist
- Virtual presentations
- Seminars
- Workshops
- Breakout Sessions

Contact Helen Hirsh Spence to discuss your event and topic. She is happy to customize content to suit your needs and interests. EMAIL: helen@topsixtyoversixty.com WEBSITE: topsixtyoversixty.com PHONE:

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## **PREVIOUS CLIENTS**

...include but are not limited to:

- ADVOCIS (Financial Advisors Association of Canada)
- Canadian Network for the Prevention of Elder Abuse
  Bank of Montreal, U.S
  - CanAge (National Seniors Advocacy Organization)
- Cannexus (Canada's Career Development Conference)
  - Conference Board of Canada
    - Dove
- CABHI (Centre for Aging and Brain Health Innovation)
  - Human Resource Council, Government of Canada
    - Institute of Advanced Financial Planners
      - United Nations
      - International Women's Forum
  - WomanACT (Women's Abuse Center of Toronto)

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BRAIN HEALTH

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INTERNATION