



Lead the Way to Full Inclusion

Promote age diversity in your workplace

SIXTY
DOT OVER
60

"Age is the unifying force that intersects with all identities."

"Working across an increasing number of generations is the way of the future and presents untold opportunity."



Helen Hirsh Spence
(She/Her)

Founder/ CEO
Top Sixty Over Sixty

Age advocate,
Mindset shifter,
Consultant
Community builder

Age Inclusion Matters



Today's [workforce](#) has more generations working together than ever before.

Research shows us that multigenerational workforces increase productivity and improve organizational culture and the bottom line.

Top Sixty Over Sixty supports organizations to create better synergies and navigate differing communication styles and work practices that maximize multigenerational collaboration.



ReSet Program

MULTI-GENERATIONAL TRAINING SESSIONS

- Using Emergenetics®, age diverse teams learn how to better connect, communicate, work with each other, and leverage their diversity.
- ReSet has been validated by the Ontario Centre for Workforce Innovation and Ryerson University. We use best practices from psychometrics, change management, design thinking and resilience training.
- Highly interactive sessions, led by Helen Hirsh Spence, take advantage of the experience, as well as thinking and behavioral preferences of all participants.

Training Sessions

VIEWED THROUGH AN AGE-INCLUSIVE LENS

- Self-awareness assessment (Emergenetics®)
- Shifting paradigms
- Design thinking to solve problems
- Personal and organizational values alignment
- Growth mindset and resilience
- Challenges and spot opportunities
- Gratitude and optimism
- Creativity skills
- Mind Mapping
- “Radical collaboration”

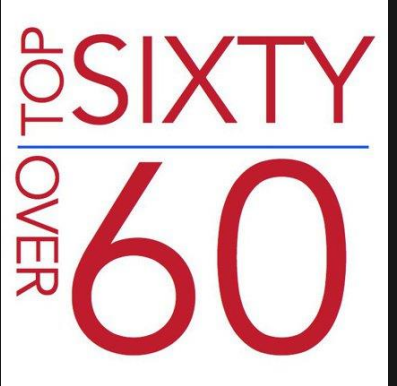
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INVOLVE YOUR PEOPLE

“Organizations that take the time to break through stereotypes and myths can create tremendous trust, teamwork, communication, and openness that unlock the potential of every generation.”

- Jason Dorsey, generational expert and author



Delivery:

Session 1:

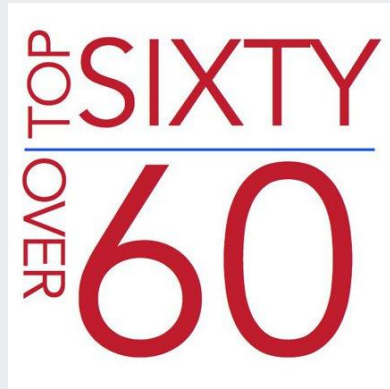
- Self Awareness Training
- Emergenetics® profile, analysis, debrief, and workshop
- Live full day training, or virtual half day training

Sessions 2 to 6:

- Choice of additional sessions
- 90 to 120 minutes each, in-person or virtual

Pricing Structure based on number of participants, number of sessions, and delivery model (in person or virtual).

Lead the way to a fully inclusive workplace!



1. Initial consultation
2. Training delivery
3. Periodic monitoring
4. Post program evaluation
and recommendations

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